



## *Becoming a Kol Shalom Bar/Bat Mitzvah Thirteen Steps*



1. **Attend** class meetings, do assignments, participate in discussions
2. **Study** the early legends and the long history of early Judaism. In more recent history learn about the Holocaust, Zionism, Israeli statehood, and the Israeli-Palestinian conflict.
3. **Fulfill** at least 36 hours (double chai) of community service
4. **Research** and write about one of the following:
  - a. a mitzvah hero or heroine
  - b. an idea related to Judaism
  - c. an event in Jewish history
5. **Develop** your adult connection with Kol Shalom by working with an adult Kol Shalom member to get feedback as you develop your mitzvah presentation.
6. **Communicate** with the Kol Shalom community by:
  - a. speaking at an event and
  - b. writing a newsletter article
7. **Expand** your "Jewish horizons by doing the following:
  - a. reading at least one book of your choice related to Judaism
  - b. attending a film of your choice related to Judaism
  - c. attending the Oregon Jewish Museum
  - d. learning a Jewish folk dance
8. **Explore** different branches of Judaism by
  - a. attending a Friday night shabbat service at Kol Shalom and at another congregation
  - b. comparing and contrasting five branches of Judaism
  - c. distinguishing between Ashkenazic and Sephardic customs
9. **Explore**, from a Humanistic standpoint, the Torah portion or Haftarah for the day of your birthday ceremony
10. **Trace** your family's journey to North America and to Humanistic Judaism
11. **Explore** ethics from the standpoint of Humanistic Judaism
12. **Keep** a scrapbook or journal of your Mitzvah journey and share it at your ceremony
13. **Present** your speech about your Mitzvah experience at your ceremony and feel proud of your accomplishments and your contributions to Jewish heritage!